

# Behavioral Health & Recovery Services

## Assisted Outpatient Treatment (AOT)

AOT is a civil court-order for treatment of individuals with severe and persistent mental illness who meet strict legal criteria. Often, these individuals experience severe mental health symptoms which impact their ability to recognize the need for treatment.

The individual must:

- Be at least 18 years of age
- Reside in Stanislaus County
- Live with a serious and persistent mental illness
- Have multiple attempts to engage in treatment
- Have a condition that is substantially declining
- Be unlikely to maintain in the community without supervision, based on clinical determination

**\*\*A Qualified Referring Party (roommate, family member, agency director, hospital director, licensed therapist or peace officer) can refer an individual for mental health treatment without the consent of the individual.**

### HOW TO REFER

Contact the Warm Line at: 209-558-4600 or visit our website at [www.stancounty.com/bhrs/assisted-outpatient-treatment](http://www.stancounty.com/bhrs/assisted-outpatient-treatment)



TOGETHER WE CAN

