General Meeting – Wednesday, October 14th, 6:30 p.m. at 500 North 9th Street, in the Jana Lynn Room. Chili beans and French bread will be served.

Need to know Information
Annual Christmas Party is around the corner
(More information will be printed at a later date)
Office Schedule: Mon-Tue-Thur. 3:30 p.m. - 6 p.m.

NAMI Stanislaus Contact Information:
Office at 500 N. 9th Street, Suite D, Modesto
Web site address: www.namistanislaus.org
Email: nami@namistanislaus.org
or
P.O. Box 4120, Modesto, CA 95352-4120

Find the Support You Need

FAMILY SUPPORT GROUPS

TURLOCK
2nd & 4th Tuesday
6:30 p.m.-8 p.m.
Cooper House, 1123 Cooper Ave., Turlock, CA 95380
Call Dar 209-656-8855

MODESTO
2nd & 4th Monday
6:30 p.m.-8 p.m.
Jana Lynn Plaza, 500 N. 9th St. Modesto, 95350
Call Dar (209) 656-8855

OAKDALE
1st Wednesday
5:30 p.m.–7 p.m.
1405 W. F St., Oakdale, 95361
Call Judy (209) 480-0387

PATTERSON
NEW LOCATION
1st and 3rd Thursday
6:30 p.m.- 8 p.m.
Federated Church, 45 S El Circulo Ave, Patterson, CA 95363
Call Dar (209) 656-8855 or Office 558-4555

CONNECTION SUPPORT GROUPS

OAKDALE
NEW LOCATION
1st Tuesdays
5 p.m.–6:30pm. Oakdale Library, 151 S. First Ave.
3rd Tuesdays, 6:30-8pm.
1405 W. F St. Oakdale, Ca.
Call Allison (209) 848-2161 or (209) 656-8855 Dar

MODESTO
2nd & 4th Monday
6:30-8pm
Jana Lynn Plaza, 500 N. 9th St. Modesto, 95350 SUITE D
Call NAMI Office (209) 558-4555

TURLOCK
2nd & 4th Tuesday
6:30pm-8pm
Cooper House, 1123 Cooper Ave., Turlock, CA 95380
Call Dar (209) 656-8855

CSUS GROUP
NEW LOCATION
Turlock Recovery Center
2nd & 4th Tuesday
3:30 p.m-5 p.m.
2101 Geer Rd. Turlock, CA 95382, Suite 120
Call Marnye (209) 409-6006
End of the Summer Bash

What a wonderful way to conclude the summer! NAMI’s End of Summer Bash, Great People, Great Food, Great Fun, and Great Prizes.

NAMI would like to thank everyone that attended and brought a potluck dish to share. We would like to thank our amazing volunteer committee Eva, Taylor & family, and Sarah & family for their long hours of hard work. We would like to extend a special thank you to Rick, Kami, and Cordelia Essers for all their help. Thanks to Allison Clark for manning the NAMI information table.

Everyone seemed to thoroughly enjoy themselves, but the highlights of the day were the free drawings and the raffle prizes.

A big hooray to our NAMI President Darlene Thomas for managing all those raffle tickets. The free drawing prizes were: a McDonald’s Happy Meal & Extra Value Meals, gift cards for Wal-Mart, Target, and Movie tickets. The raffle prizes were a Starbuck’s Verismo Coffee Machine won by Rick Essers, and a 32” Flat Screen T.V. won by Nancy Tidmarsh.

Remember the Christmas event is coming. Keep reading the date, time and location are to be announced in the newsletter.

HAPPY AUTUMN TO ALL!!

NAMI End of the Summer Bash Committee

The Winner Is...

NAMI End of the Summer Snapshots

NAMI STANISLAUS
Support Our Contributors

NAMI Stanislaus would especially like to acknowledge and remember our contributors: Mountain Valley Freight Solutions of Manteca, Starbucks on Geer Rd., McDonald’s on W. Main, Pops in Turlock, Best Buy in Riverbank, Target on McHenry, all 5 Save Marts in Modesto, and Taylor Blevins of Escalon. Their contributions to NAMI’s End of the Summer Bash helped contribute to its success! We would like to invite you to support them, because they are supporters of NAMI!

Back to the Future 2016

ED notes on NAMI California Convention Aug. 26-27 Burlingame: Lynn Padlo, ED NAMI Stanislaus

Highlights
- Dynamic Speakers
- Emotional Reactions
- Prepared & Caring NAMI leaders
- Reconnecting with NAMI friends in other counties
- Fellowship with our own NAMI affiliate

Day 1 Speaker: Father Boyle

Father Boyle; was a “Champion of change” in peoples’ lives, especially the disenfranchised gang members who had no hope. He started Home Boy Industries to help them rehabilitate, provide interventions and transition into productive roles in society. He had high hopes, passion and a caring attitude that created opportunities for the organization and its members. He often “choked” up when recalling the stories of some of the members he has helped. Inspiring!!

Day 2 Workshops: CIT training

Many police officers presented workshops on the mental health interventions they are being trained on. In some counties they partner with NAMI for mental health trainings. Mainly, the theme promoted by officers was to respect, listen and be calm. The goal is to analyze the situation before confronting someone who is experiencing chaos and crisis.

Re-affiliation resources for NAMI groups

I learned that there is a national and state department that is helping affiliates to standardize their bylaws and mission statements to reflect their particular communities. The state leader, Eugenia, gave detailed examples of this process.

All in all, I had a chance to reconnect with old friends from NAMI affiliates in other counties. I have been attending conventions for 8 years and learn something new in every one. NAMI Stanislaus is well-recognized by NAMI California because of our efforts.
NAMI Families Advocate for Laura’s Law in Stan County

On Wed., Sept. 21 a group of family members from our NAMI affiliate attended a workshop at the NAMI office to discuss Laura’s Law and how to write a letter advocating for its implementation in Stanislaus County. Each member wrote a personal letter to show the need for this law. Then, on Thursday, Sept. 22 they took their letters to the Stanislaus County Mental Health Board to address them and to get the attention of our new mental health director, Rick DeGette. They stood in unison to show their support for mandated care for the severely mentally ill.

Individual members, Linda Mayo, Keith Jakobs, and Christina Humble spoke about the difficulties their family had experienced trying to get their loved one treatment when they were in denial of services. Letters were collected from about 20 NAMI members, some of which did not attend the meeting, but still participated in the effort. These letters were all submitted to the board. The NAMI advocates felt their voices were heard and acknowledged positively by the board. They are now working on their next steps to promote the implementation of Laura’s Law.

We encourage more NAMI members to show their support by writing letters to the Mental Health Board or the Board of Supervisors to keep the momentum going for this much needed action.

The 411 on Mental Health Reform - Rhonda Allen

The House and the Senate have both presented mental health reform bills which are due for a vote this Fall.

**Bill HR2646 which:**
- Establishes a new assistant secretary of mental health
- Elevates the role of SAMSHA
- Creates a laboratory within HHS to identify new and effective models of care for adult and children
- Provides grants to states to create a more effective integration of mental and physical health services
- Creates a committee to coordinate services between agencies, and enables same day billing in Medicaid for mental and physical health services
- Extends AOT programs
- Requires federal agencies to improve compliance and creates a plan to step up enforcement
- Clarifies circumstances in which health care providers may share protected health information with families related to HIPAA laws

**Bill S2680 which:**
- Creates a fellowship program to increase the number of competent mental health professionals and grants for tele-health child psychiatry
- Creates a national suicide assistance center
- Funds prevention and treatment of opioid disorders
- Improves mental health on campuses
- Strengthens leadership at SAMSHA by creating a new Chief Medical Officer
- Reforms the Medicaid IMD exclusion for facilities with average length of stay of less than 20 days
- Curbs the ability of Part D plans to limit access to psychotropic medication
- Eliminates the 190 day lifetime limit on inpatient care in Medicare Part A
- Expands universal providers by adding definitions of “therapist” as a new certification, and also clarifies HIPAA

This is an opportunity for NAMI members to call their legislators to ask that these bills be sent for a vote while they are in session. In California, Senator Boxer and Feinstein are the senators that should be contacted. Their contact information is listed below.

**Senator Barbara Boxer**
112 Hart Senate Office Building
Washington, D.C. 20510
Email: [www.boxer.senate.gov](http://www.boxer.senate.gov)
or
70 Washington St., Suite 203
Oakland, CA 94607

**Senator Dianne Feinstein**
331 Hart Senate Office Building
Washington, D.C. 20510
Email: [www.feinstein.senate.gov](http://www.feinstein.senate.gov)
or
1 Post St., Suite 2450
San Francisco, CA 94104
Activity Page

Here is the page where you can relieve a little stress. Color yourself an awesome day and/or complete our smiley face word puzzle of the month.

Take some time for yourself!

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