



National Alliance on Mental Illness, Stanislaus
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Mark Your Calendars:

Board Meeting – March 11th 2015

Guest Speaker & General Meeting – March 19th Ending the Violence event. It will be in place of our regular NAMI monthly meeting.

Also coming in April or May will be a panel who will talk about conservatorship in Stanislaus County. It will be during our regular monthly NAMI meeting and the date is TBA.

“Ending the Culture of Violence in Schools & College Campuses”
March 19th, 7 to 9 p.m., Martin Petersen Education Center,
720 12th Street, Modesto.

NAMIWalk fundraiser on Tuesday, April 7th at
The Barkin Dog restaurant 940 11th St, Modesto, CA 95354 at 6:30 p.m.

NAMI Walk May 2nd William Land Park Sacramento CA

Family to Family classes:

Oakdale: Thursdays, March 5 to May 21, 6:30 p.m.

Please check our [calendar](#) or call the office at (209) 558-4555.

NAMI WALK

GET OUT YOUR WALKING SHOES AND JOIN NAMI FOR A GREAT DAY IN SACRAMENTO, MAY 2ND, WILLIAM LAND PARK , 9 A.M. TO BRING AWARENESS OF MENTAL HEALTH RECOVERY.

SIGN UP ONLINE TO JOIN ONE OF OUR NAMI TEAMS;

Joyce's Jolly Joggers	(Joyce Plis, Captain)
Padlos Pacers	(Lynn Padlo, Captain)
Embrace M.I. Recovery	(MaryLouise Fitzgerald, Captain)
NAMI on Campus	(Lisa Sanchez, Captain)
Mindful Walkers	(Jack Jacques, Captain)
Live the Life you Dream	(Marnye Henry, Captain)

Visit www.NAMIWalks.org/NorthernCalifornia

Look for the team, join a team and/or donate to the walk.

Call Lynn at 20-404-6015 or Chris to get help at 209-558-4555

You're Invited to a Night of Fun

NAMI Stanislaus will be hosting a **NAMIWalk fundraiser on Tuesday, April 7th** at the Barkin Dog restaurant downtown Modesto at 6:30 p.m. The event will feature live music, a raffle and silent auction. The auction will feature a beach cruiser bicycle and many other items. Cost for event will be a \$10 donation taken at the door for which you will receive one raffle ticket. Please come and join us to support NAMIWalk 2015.

If you have an item you would like to donate or have any questions about this event please **call Lynn Padlo at 209-404-6015 or Chris at 209-558-4555.**

Thank you and see you there.

Education Report: March 2015

Some of the highlights from February's trainings....

Stanislaus affiliate hosted a **Connections** training for 16 people; Fresno, Merced, San Joaquin, Stanislaus and Tuolumne County affiliates.



Our new Stanislaus facilitators are: Jeania Byrne, Allison Clark; Brandon Dinh; Susan Fuller; Nancy Godinho; Sue Hantz; Marnye Henry; Lisa Sanchez; Destini Rubalcaba. Thanks to trainers Doug Smith and Alysse Adularia from Sacramento. Also, thanks to Nicki Allen for assisting me.

Connection group meets every week; This is a peer-led group. Meets on 1st and 3rd Saturdays 12:30 P.M. and on 2nd and 4th Thursdays 4:00 p.m. Jana Lynn Room, 500 North 9th Street Modesto (same place). Watch the newsletter for more groups opening up in Oakdale and Turlock soon. Turlock Connection support group will begin April 14th in Turlock at the Good Shepherd Lutheran Church, Cooper St. 6:30 p.m.

Congratulations to Jack Jacques , our newly trained **Family to Family** teacher. Jack will be teaching with Zumara Dawn in Oakdale, starting Mar. 5-May 21 at the Oakdale Methodist Church on Poplar St. at 6:30 p.m.

Sign up for Family-to-Family classes at our office; 558-4555.

Education Coordinator Lynn Padlo

Education Report: March 2015 continued

Some of the highlights of February's anti-stigma presentations....

Feb. 9th- San Joaquin Valley College. We spoke to medical assistant class members as well as pharmaceutical class members. Very good response.

Tues. Feb. 17th, we did an *IOOV* at the CSUS campus for the Peer Project, talking to several college students about mental health. We hope to help them get a NAMI in Campus in the near future, too.

On Wed. February 18th, we talked to six Modesto High School classes on recognition of signs of mental illness, stigma reduction and recovery at the Day of Respect.

A big presentation was to the Mental Health Board Impact Committee on **Wed. Feb. 18th at 6:30 p.m.** Our duo of Julie and Judy did a great job of presenting *Ending the Silence*, a program designed for high school students. We appreciate the interest and support of Stanislaus County Behavioral Health and Recovery Services.

Speaking to a health class at Johansen High on **Friday Feb. 20th**, we presented to 3 classes to about 120 students at Johansen High School. They all were responsive and asked good questions to our three presenters of *Ending the Silence*.

Thanks: Marnye Henry and Brandon Dinh for hosting a NAMI table at the Assyrian Hall in Turlock, Feb. 15th. They said it was a good turnout and they had a good representation of NAMI there. Pictured below are Brandon and Robert, CSUS students.



Ending the Culture of Violence

You are invited to a special community event. Many people will be speaking who are active in our community. We need to all show up and let them know we are concerned about violence in our schools, in our neighborhoods and in our streets. NAMI Stanislaus will have a table there to pass out literature about our programs.

This Panel Discussion "Ending the Culture of Violence in Schools and College Campuses" will be held on Thursday March 19, 2015 from 7-9 pm at the Martin G. Petersen Education Center, 720 12th Street, Modesto, CA (this a free event).

Panel Members are Stanislaus County Sheriff Adam Christianson, Office of Education Superintendent Tom Changnon, University of the Pacific Vice President for Student Life, Patrick Day, Oakdale Police Chief Lester Jenkins, Family Justice Center Executive Director Tom Ciccarelli and Behavioral Health and Recovery Services Director, Dr. Madelyn Schlaepfer. Discussion Topics are: Crime, High School Dropouts, Sexual Assault, Substance Abuse, Breakdown of the Family Unit and Mental Health. Representatives from Community Agencies will be providing information about resources available to the Public. This event is Coordinated by AAUW (American Association of University Women) and Sponsored by Stanislaus County Office of Education and Delta Kappa Gamma. Moderating the panel will be the League of Women Voters.

This is just the beginning of a grass-roots effort and we are hoping other agencies, churches, communities, counties, etc. will "pick up the ball" and run with it. Thank you for spreading the word and we are hoping to fill the Martin Petersen Education Center (holds 500!) to the brim!!!! Please join us in Making a Difference!!! If you need additional information contact: event organizer Gloria Bracco, AAUW Member and President of Epsilon Nu Chapter of DKG endcultureofviolence@gmail.com.

If you want be a part of NAMI's booth at this event contact Judy Kropp (209) 480-0387.

Judy Kropp

THANK YOU

Memorial Donations in Memory of Annan Byrne:

Dennis Larson & Laurel Ruddy
Michael & Jane Cleary
Jeff and Lori Coleman
Delores & Gordon Thomas
Daniel & Elena Thomas
Carolyn M. Padlo
Joyce A. Plis-Hickman
Nancy & Brian Wright
Carolyn & Gerald Gordon
Judy & William Bishop
Linda Durkin
Mark & Danise White
Brenda Zuidervaart

Gary & Rosemarie Sanders
Daniel Byrne
Amy Phillips
Brenda & Myriah Hill
Emily Byrne
Othellan & Linda Fruge
Karen S. Ball
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Janet M. McWilliams
Joseph & Diane Byrne
Bernadette Dougherty
Scott & Susannah Maxham
Homesite Services, Inc.
Wallace & Kathryn Ruch

Memberships/Donations

Judy Bologna
Sharyn Brown
Richard Daniel
Marcella Fernandes
Dorothy S. Griggs

Linda Mayo
Deyanira Nguyen
Marilyn Ricketts
Bobbi Smith

Jamie L. Fabela (Monthly Donation)
Carolyn M. Padlo (in memory of Michelle Gruber)
Joyce A. Plis-Hickman (in memory of Michelle Gruber)
Anil & Saroj Sheth (Membership & Donation)
Ronald & Patricia Stone (Membership & Donation)

"Ending the Culture of Violence in Schools and College Campuses"

March 19th, 7 to 9 p.m., Martin Petersen Education Center, 720 12th Street, Modesto.

If you need additional information contact: endcultureofviolence@gmail.com or give me a call. Thanks, Gloria Bracco, AAUW Member and President of Epsilon Nu Chapter of DKG